



Give us a Break! Programme - Pre Group Teacher Interview Form

Child's name:

Class:

Name of teacher completing form:

Please rate the child/young person's current level of functioning in the following areas, over the past week, according to the following scale:

1 = Not at all well

2 = Quite/Somewhat well

3 = Very well

4 = Extremely well

Question	Rating	Please Comment
1. Social skills: How well do you feel they get on with their peers?		
2. Emotional literacy: How well do you think they understand/accept their feelings?		
3. Emotional literacy: How well do you think they can discuss/share their feelings with others?		
4. Behaviour: How well do they behave? (e.g. in class, at intervals etc.)		
5. School work: How well do you feel they are doing with their school work?		
6. School work: How well do you feel they are motivated to apply themselves?		

What do you hope the child/young person will get out of attending the *Give us a break!* group?
Do you have any other comments?

***Give us a Break!* Programme - Pre Group Pupil Interview Form**

Name

What age are you?

What year are you in at school?

Are you a Boy

Girl

Section 1: Please read each question with the child/young person and record their responses.

- 1. Tell me about yourself – where do you live?, who lives with you?...etc.
What are your interests/hobbies?**

- 2. Try to think about the big changes that have happened in your life recently.
Please tell me about these as best you can – what happened? how long ago? etc.**

Section 2: Ask the child/young person to think about the big changes that have happened in their life recently. Please read each statement with them and encourage them to rate how they have been doing, **over the past week**, according to the following scale:

1 = Strongly disagree 2 = Disagree 3 = Agree 4 = Strongly agree

Statement	Rating	Please Comment
1. I know how I feel about these changes.		
2. I think it is OK to have these feelings.		
3. I can discuss/share my feelings about these changes with others.		
4. I am doing well at school.		
5. I am doing well at home.		
6. I can talk about things I am good at.		
7. I have ideas of what I want to happen in my future.		
8. I can set goals for myself.		

What do you hope to get out of coming to the *Give us a break!* group?

Give us a Break! Programme - Pre Group Parent/Carer Interview Form

Child's name: What is your relationship?:

Name of parent/carers completing form:

Please read each question, thinking about how well your child has been doing, **over the past week**.
Please rate your answer according to the following scale:

1 = Not at all well 2 = Quite/Somewhat well 3 = Very well 4 = Extremely well

Question	Rating	Please Comment
1. How well do you feel your child is coping with the changes that have happened in their life?		
2. How well do you think your child can understand/accept their feelings about the changes that have happened in their life?		
3. How well do you think your child can discuss/share their feelings about these changes with others?		
4. How well do you feel your child is managing at home? (e.g. behaviour, relationships)		
5. How well do you feel your child is managing at school? (e.g. school work, behaviour, relationships).		
6. How well can your child talk about things they are good at?		

**What do you hope your child will get out of attending the *Give us a break!* group?
Do you have any other comments?**

Give us a Break! Programme - Post Group Teacher Interview Form

Child's name:

Class:

Name of teacher completing form:

Please rate the child/young person's current level of functioning in the following areas, over the past week, according to the following scale:

1 = Not at all well

2 = Quite/Somewhat well

3 = Very well

4 = Extremely well

Question	Rating	Please Comment
1. Social skills: How well do you feel they get on with their peers?		
2. Emotional literacy: How well do you think they understand/accept their feelings?		
3. Emotional literacy: How well do you think they can discuss/share their feelings with others?		
4. Behaviour: How well do they behave? (e.g. in class, at intervals etc.)		
5. School work: How well do you feel they are doing with their school work?		
6. School work: How well do you feel they are motivated to apply themselves?		

Think back to what you hoped the child/young person would get from attending the *Give us a break!* group. What do you feel they got out of taking part? Do you have any other comments?

Give us a Break! Programme - Post Group Pupil Interview Form

Name What age are you?

What year are you in at school? Are you a Boy Girl

Section 1: To be completed by child/young person

Please read each statement/question and rate each one according to the following scale:

0 = Did not do	1 = Strongly disagree	2 = Disagree	3 = Agree	4 = Strongly agree
-----------------------	------------------------------	---------------------	------------------	---------------------------

	Rating	Please Comment
1. I enjoyed attending the group sessions.		
2. I found the group sessions helpful.		
3. I enjoyed the discussions.		
4. I enjoyed the games.		
5. I enjoyed the relaxation.		
6. I enjoyed the art activities.		
7. I enjoyed the poetry.		
8. I thought my group leaders were helpful.		

Statement	Rating	Please Comment
Do you think there were enough group sessions?	Not enough <input type="checkbox"/> Just right <input type="checkbox"/> Too many <input type="checkbox"/>	
Were the meetings the right length of time?	Not enough <input type="checkbox"/> Just right <input type="checkbox"/> Too many <input type="checkbox"/>	

Are there any changes that we could make to the group sessions?

Are there any other comments you would like to make about the group sessions?

Section 2: To be completed by interviewer

Please read each statement with the child/young person. The statements ask them how they have been feeling about the changes in their life that brought them to the group, **over the past week**, and to rate them according to the following scale:

1 = Strongly disagree	2 = Disagree	3 = Agree	4 = Strongly agree
------------------------------	---------------------	------------------	---------------------------

Statement	Rating	Please Comment
1. I know how I feel about these changes.		
2. I think it is OK to have these feelings.		
3. I can discuss/share my feelings about these changes with others.		
4. I am doing well at school.		
5. I am doing well at home.		
6. I can talk about things I am good at.		
7. I have ideas of what I want to happen in my future.		
8. I can set goals for myself.		

**Think back to what you hoped to get out of the group sessions.
Did you achieve these goals? If not, what support do you feel you need?**

--

Give us a Break! Programme - Post Group Parent/Carer Interview Form

Child's name: What is your relationship?:

Name of parent/carers completing form:

Please read each question, thinking about how well your child has been doing, **over the past week**.
Please rate your answer according to the following scale:

1 = Not at all well 2 = Quite/Somewhat well 3 = Very well 4 = Extremely well

Question	Rating	Please Comment
1. How well do you feel your child is coping with the changes that have happened in their life?		
2. How well do you think your child can understand/accept their feelings about the changes that have happened in their life?		
3. How well do you think your child can discuss/share their feelings about these changes with others?		
4. How well do you feel your child is managing at home? (e.g. behaviour, relationships)		
5. How well do you feel your child is managing at school? (e.g. school work, behaviour, relationships).		
6. How well can your child talk about things they are good at?		

Think back to what you hoped your child would get out of attending the *Give us a break!* group. What do you feel they got out of taking part? Do you have any other comments?