

**Give us
a break!**

Resource sheet 7 Feelings wordsearch

Can you find all of the feelings below hidden in the wordsearch?

HAPPY	ANGRY	AFRAID	SCARED
GRUMPY	TENSE	ANXIOUS	UNHAPPY
WORRIED	WOUND UP	SAD	UPTIGHT
DEPRESSED	CALM	TEARFUL	EXCITED
RELAXED	GUILTY	ASHAMED	INSECURE
FRIGHTENED	NERVOUS	HURT	CONFUSED
UPSET	MAD		

N	H	C	K	H	G	F	D	S	E	W	T	Y	U	N	F	C
H	A	N	G	R	Y	M	M	L	Q	U	P	T	I	G	H	T
C	P	W	R	K	F	B	D	I	A	N	G	F	F	X	Z	E
O	P	G	U	I	L	T	Y	N	P	H	M	N	N	G	F	A
N	Y	T	M	T	F	X	Z	S	C	A	R	E	D	S	W	R
F	E	Y	P	V	T	Y	D	E	S	P	I	R	Q	E	R	F
U	F	H	Y	N	E	L	P	C	T	P	R	V	G	J	K	U
S	D	F	G	H	N	P	R	U	G	Y	F	O	V	B	N	L
E	A	J	H	J	S	A	D	R	H	I	R	U	G	H	F	W
D	N	N	U	K	E	Y	E	E	J	K	G	S	M	K	R	D
F	X	B	R	A	D	Y	P	S	K	C	F	F	A	J	I	F
W	I	V	T	F	R	H	R	E	L	A	X	E	D	H	G	G
H	O	C	B	R	F	H	E	D	X	L	W	Q	U	L	H	H
J	U	U	B	A	V	A	S	H	A	M	E	D	P	O	T	Y
K	S	P	N	I	V	B	S	H	S	Z	S	X	T	Y	E	T
M	D	S	W	D	N	V	E	X	C	I	T	E	D	M	N	R
N	F	E	P	V	U	L	D	K	J	L	A	Z	P	L	E	Y
R	G	T	D	C	Q	P	O	W	O	R	R	I	E	D	D	J