



**Give us
a break!**

Resource sheet 13a,b
Feelings bingo boards

These should be photocopied onto card and cut up into boards each containing 12 words/phrases

13a

Thoughtful	Snappy	Jolly
Stunned	Lost	Miserable
Angry	Afraid	Depressed
Worried	Tearful	Bothered

13b

Down in the dumps	Joyous	Apprehensive
Devastated	Ecstatic	Mad
Surprised	Relieved	Depressed
Annoyed	Frightened	Inconsolable



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Resource sheet 13c,d
Feelings bingo boards

These should be photocopied onto card and cut up into boards each containing 12 words/phrases

13c

Miserable	Thrilled	Friendless
Puzzled	Pleased	To blame
Guilty	Baffled	Dejected
Petrified	Mad	Relaxed

13d

Despairing	Crushed	Jolly
Thoughtful	Surprised	Depressed
Glad	Upset	Grumpy
Thrilled	Miserable	Ecstatic



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Resource sheet 13e,f
Feelings bingo boards

These should be photocopied onto card and cut up into boards each containing 12 words/phrases

13e

Mortified	Ashamed	Cheeky
Wonderful	Confused	Devastated
Hurt	Proud	Snappy
Uncomfortable	Cross	Excited

13f

Fed up	Pleased	Amazed
Bad-tempered	Mortified	Broken-hearted
Miserable	Ashamed	Worried
Afraid	Grumpy	Insecure



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Resource sheet 13g,h
Feelings bingo boards

These should be photocopied onto card and cut up into boards each containing 12 words/phrases

13g

Disappointed	Shocked	Terrified
Bothered	Gloomy	Fed up
Troubled	Lonely	Wonderful
Amazed	Uneasy	Abandoned

13h

Joyous	Worried	Embarrassed
Tense	Friendless	Cross
Baffled	Down in the dumps	Bored
Concerned	Thrilled	Calm