

# ***Give us a Break!* Programme - Pre Group Pupil Interview Form**

Name

What age are you?

What year are you in at school?

Are you a Boy

Girl

**Section 1:** Please read each question with the child/young person and record their responses.

- 1. Tell me about yourself – where do you live?, who lives with you?...etc.  
What are your interests/hobbies?**

- 2. Try to think about the big changes that have happened in your life recently.  
Please tell me about these as best you can – what happened? how long ago? etc.**

**Section 2:** Ask the child/young person to think about the big changes that have happened in their life recently. Please read each statement with them and encourage them to rate how they have been doing, over the past week, according to the following scale:

**1 = Strongly disagree**

**2 = Disagree**

**3 = Agree**

**4 = Strongly agree**

Statement	Rating	Please Comment
1. I know how I feel about these changes.		
2. I think it is OK to have these feelings.		
3. I can discuss/share my feelings about these changes with others.		
4. I am doing well at school.		
5. I am doing well at home.		
6. I can talk about things I am good at.		
7. I have ideas of what I want to happen in my future.		
8. I can set goals for myself.		

**What do you hope to get out of coming to the *Give us a break!* group?**